



St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,
following Christ and changing lives in the heart of Hong Kong.'*

5TH JULY 2020

THE FOURTH SUNDAY AFTER TRINITY

8.00am Said Eucharist

Celebrant and Preacher: The Revd Sharon Langbis

Reader: Will Clay

9.00am Sung Eucharist

Celebrant: The Revd Will Newman

Preacher: The Revd Canon Dwight dela Torre

Deacon: The Revd Amos Poon

Communion Setting: The Addington Service (Richard Shephard)

Hymns: 388, 63, 258, 263 (omit *)

Anthem: Open thou mine eyes (John Rutter)

Reader/Intercessor: Martin Hills/Kevin She

Voluntary: Praeludium in E minor 'The Great'
(Nicolaus Bruhns)

10.30am Sung Eucharist (in Mandarin)

Celebrant: The Revd Canon Peter Koon

Preacher: The Revd Amos Poon

11.45am Responsorial Eucharist

Celebrant: The Revd Sharon Langbis

Preacher: The Revd Will Newman

Reader/Intercessor: John Breen/Simon Fong

1.30pm Sung Eucharist (in Filipino)

Celebrant and Preacher: The Revd Canon Dwight dela Torre

5.00pm Choral Evensong

Officiant: The Revd Sharon Langbis

Preacher: The Revd Will Newman

Reader: Mark Tse

Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. Gluten-free communion wafers are available on request at all Eucharists in this Cathedral. Please enquire of the Sidesmen or Servers for directions to the distribution. **No unauthorized photography, video filming or sound recording during the service.**

THIS WEEK AT ST JOHN'S CATHEDRAL

MON 6th July	8.00am	Said Eucharist
	12.30pm	<i>Meditation Group</i>
	1.00pm	One o'clock Prayer
TUE 7th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	7.00pm	<i>Bible Reading Fellowship (Harold Smyth Room)</i>
WED 8th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	<i>Lunchtime Recital—Music on TV Screen</i> <i>Hong Kong Harp Orchestra</i>
	2.30pm	<i>Cantonese Bible Reading Fellowship</i>
	6.00pm	Said Eucharist
THU 9th	9.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
FRI 10th	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	3.00pm	<i>Friday Bible Fellowship (Harold Smyth Room)</i>
SAT 11th	8.30am	Said Eucharist
	12.00noon	Said Eucharist (Filipino)
	2.30pm	<i>Praise Dance</i>
	4.00pm	<i>Andrew Fellowship</i>
	6.00pm	Sung Eucharist (Cantonese) (Anticipated Sunday Service)
SUN 12th July The Fifth Sunday after Trinity (Sea Sunday)		
<i>Isaiah 55.10-13</i>	8.00am	Said Eucharist
<i>Psalms 65</i>		Celebrant and Preacher: The Revd Franklin Lee
<i>Romans 8.1-11</i>	9.00am	Sung Eucharist
<i>Matthew 13.1-9, 18-23</i>		Celebrant: The Revd Canon Dwight dela Torre
		Preacher: The Revd Dr Philip Wickeri
	10.30am	Sung Eucharist (Mandarin)
		Celebrant: The Dean
		Preacher: The Revd Canon Peter Koon
	11.45am	Choral Mattins
		Officiant: The Revd Amos Poon
		Preacher: The Dean
	1.30pm	Sung Eucharist (Filipino)
		Celebrant and Preacher: The Revd Sharon Langbis
	5.00pm	A Eucharist for Peace and Wholeness
		Celebrant: The Revd Robert Martin
		Preacher: The Revd Sharon Langbis



THEFT PREVENTION

As with any big city centre, please keep your valuables with you. If you feel unsafe at any time, please let a staff member or sidesman know.

COLLECT

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING

Romans 7.15-25a

A reading from the letter of Paul to the Romans.

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

This is the word of the Lord.

All Thanks be to God.

GOSPEL READING

Matthew 11.16-19, 25-end

Hear the Gospel of our Lord
Jesus Christ according to Matthew.

All Glory to you, O Lord.

At that time Jesus said, 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn."

For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

POST COMMUNION PRAYER

Eternal God, comfort of the afflicted and healer of the broken, you have fed us at the table of life and hope: teach us the ways of gentleness and peace, that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord. **Amen.**

FOR YOUR PRAYERS THIS WEEK

In the worldwide Anglican Communion we pray for the united Church of Pakistan The Most Revd Humphrey Peters, Bishop of Peshawar & Moderator of the Church of Pakistan.

We pray for the Province of Hong Kong Sheng Kung Hui (Anglican Province of Hong Kong & Macau); for The Most Revd Dr Paul Kwong, our archbishop and primate; and for all bishops, priests and deacons within our diocese and province.

We pray for St Thomas' Church, for The Revd Arthur Ho, The Revd Harwood Fung, and The Revd Paul Tsang; for St Thomas' Primary School, St Clement's Primary School, St Thomas' Kindergarten, St Thomas' Child Care Centre, Li Ka Shing Care & Attention Home for the Elderly in the parish.

Within the Cathedral Parish we pray for the Cathedral church and its various congregations, for the Dean and the chaplains; for our daughter churches; Discovery Bay Church, St Stephen's Chapel, Stanley, Emmanuel Church, Pokfulam; and their Priests in Charge. We pray for the search of the new Dean. We also remember 'Grace in a busy week', Bible Reading Fellowship, Chinese Bible Reading Prayer Fellowship, Andrew Fellowship, Friday Fellowship Group, Filipino Fellowship, and the IFI Fellowship.

We also pray for our link Diocese of Toungoo, Myanmar; for The Rt Revd Dr Saw Shee Sho, his priests, people and ministry.

PRAYER REQUESTS

Please pray for those who are sick:

Grace Sun, Wong Ho Ying, CJ Verdejo, Philip Yeung, Robert Chan, Leung Siu Tim, Daniel Lee, Cath Dalton, Joanne Papanicolaou, Christina Poon, Tai Choi Yeng, Kathryn Lewis, Donald Nip, May Cheng, Toung Ming, Francesca Lorenzi,

Faye Butcher, John Banigan, Michael Banyard, Tai Yu Hei, Daisy Tai, Wong Lai King, Chong Yuk Lau, Jesher Yau, Margaret Pini, Nie Shi Fa, Shirley Nie, Lene Bille Hoegh, Jake Pitts, Kathryn McCallen, John David, Catherine Chan, Therese Marie Gerarda Chan, Irene Lo Oi Lin, Richard Jones, John McKinven, John Butcher, Chen Kuk Tye, Timothy Moreno, David Holme, Raymond Yuen, Donna Gail Willis, Mike Chan, Geoff Walsh, Luke Inkin, Leslie Henderson, Monica Cornelius, Janice Currie, Kathryn Lewis, Anthony Chan, Christina Chan, Phyllis Schmitz, John McIntosh, Elaine Cogan, Susan Westlake, and Meena Tsui.

Please pray for the recently departed:

Kong Siu Ming, Peggy Chan, Shirley Van der Hoop, Philip Shergold

Prayers will be offered for those named above during the weekday Eucharist. To include someone in this prayer list, please contact Elisa, **Tel.: 2523 4157**.

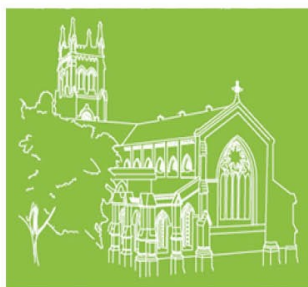


FLOWERS

The flower pedestal in church today is donated in memory of Philip Shergold.

In Touch, Issue 022

The Cathedral's Quarterly Magazine
Summer Edition 2020



Just Published

**Scan here for
PDF version:**



Happy Reading!

A PRAYER DURING THE CURRENT PANDEMIC

Almighty God, heavenly Father, source of light and life
Heal, we pray, the many hurts of our world with your loving kindness;
Look with mercy on all those suffering from the coronavirus:
The sick and the dying,
The fearful and isolated,
Families, friends and lovers unable to meet,
And all who have lost their jobs, income, or business.
Give light to those in darkness,
Courage to the faint-hearted,
And hope to the despairing,
That we all may know your saving power,
And trust in your unfailing love. Amen.



CLERGY

This morning, The Revd Franklin Lee is leading the worship at St Stephen's Chapel, Stanley.

WEB BROADCAST

Although public acts of worship have resumed from 1st June at St John's, some of us may choose to participate the services online. For example, if you are not feeling well and prefer to stay at home to rest, you may join the broadcast services.

Saturday
6.00pm Sung Eucharist (Cantonese)

Sunday
9.00am Sung Eucharist (English)
1.30pm Sung Eucharist (Filipino)

The webcast links will be available on the Cathedral website.

MICHAELMAS FAIR 2020

Join us and support the Michaelmas Fair!
Please mark your diary for:

* *Saturday 5th September*
Fellowship Fun Night

* *Sunday 11th October*
Walkathon

* *Sunday 25th October*
Michaelmas Fair Pre-sale

* *Saturday 31st October*
Michaelmas Fair

We need you more than ever!
Let's get together for more fun
and meaningful activities.

** *Event dates are tentative, and
are subject to social distancing
requirements of the Cathedral.*

CLARES CASTAWAYS Bric-a-brac Sale

on 17th & 18th July (Fri/Sat)
10.00am—2.00pm



RESUMPTION OF PUBLIC WORSHIP SERVICES AT ST JOHN'S CATHEDRAL & OUR DAUGHTER CHURCHES

Following the government's amendments to the Prevention and Control of Disease (Prohibition on Group Gathering) Regulation, the House of Bishops of HKSKH has announced the resumption of public worship services from 1st June. *Please consult the Cathedral website for weekday and Sunday Eucharist.*

The following measures will take place when attending services. Please follow the directions of the Sidesmen.

- If you meet one of the following conditions, please stay home to rest and participate worship online:
 - ◊ feeling unwell, especially if having fever or respiratory symptoms;
 - ◊ having travelled in the past fourteen days;
 - ◊ a member of your household having fever or respiratory symptoms; or
 - ◊ a member of your household being in quarantine at home.
- Your body temperature will be measured. Please clean your hands with hand sanitiser upon entry. You are encouraged to bring your own sanitiser.
- Please enter the cathedral by the West Door, and exit via the side doors. **Please complete and hand in the 'Pew Record' form as you leave the Cathedral after the service.** Data collected is stored securely for 28 days, and afterward, all records will be destroyed immediately.
- Please wipe your seating area with disinfectant wipes before sitting and when leaving. The cathedral will be disinfected between services as well.
- Social distancing should be maintained. Except for those in the same household, parishioners should be seated at least one metre apart from one another.
- Please wear masks throughout the services.
- Holy Communion will be received in one kind only - the Body of Christ. Parishioners are to receive the Body of Christ only in the hand and standing. You should sanitise your hands using hand rub before receiving Holy Communion and observe appropriate physical distancing when waiting in line.

Please visit <https://youtu.be/oxRD5yCeUzA> or scan the QR code to watch the demonstration video on receiving Holy Communion during the Coronavirus pandemic.



- Only 50% of the seating capacity will be available. Li Hall and Harold Smyth Room will be open as overflow areas.
- Peace is to be exchanged by nodding head or by a fist-and-palm salute.
- No Sunday School and fellowship gatherings will be held and no refreshment will be served at this time.
- Collection will be received at the doors to support the work of the church.

Please consult the 'Revised Guidelines of Provincial Office' for more details.
http://echo.hkskh.org/news_article_details.aspx?lang=1&nid=14290



Summer Activity!

Child Programmes

1. Stand With You

Through picture books, songs and games, we help school-aged children establish positive values, connect others and the environment and learn to cherish life.

Date: 29/7、5/8、12/8、19/8 (Wed)

Time: 11:00 AM - 12:15 PM

Venue: Fanny Li Hall

Target: aged 6 - 8 children

Quota: 20 persons

Fee: \$50(Each Session)



2. Realize your potential

Zentangle drawing helps participants discover their potential and relieves stress and build self-confidence.

Date: 29/7、5/8、12/8、19/8 (Wed)

Time: 2:30 PM - 4:00 PM

Venue: Fanny Li Hall

Target: aged 9 - 12 Children

Quota: 20 persons

Fee: \$50(Each Session)



Parent & Child Programmes

1. Life is Art

By reusing the abandoned materials and redeveloping their functions, let it become a part of our lives and learn to cherish our environment.

Date: 4/8、11/8、18/8 (Tue)

Time: 2:30 PM - 4:00 PM

Venue: Fanny Li Hall

Target: Family

Quota: 20 persons

Fee: \$20(Each Session)



2. Journey from Ancient to Present

Through the guided tour, you will know and understand the oldest Western-style church building in Hong Kong as well as different ceremonies in Christianity.

Date: 3/8/2020 (Mon)

Time:

1) Cantonese 10:45 AM - 12:15 PM

2) English 2:45 PM - 4:15 PM

Venue: St. John's Cathedral

Target: Family

Quota: 20 persons

Fee: Free



English



Cantonese

Parent Programme

Draw for peace

Through drawing Zentangle eases the pressure of parents in their parental roles, and help them to establish positive thinking.

Date: 11/7、18/7、1/8、8/8 (Sat)

Time: 2:30 AM - 4:00 PM

Venue: Fanny Li Hall

Target: Parent/ Interested Party

Quota: 20 persons

Fee: \$50(Each Session)



Youth Programme

Next Stop...?

Through Board Game activities helps the participants explore pressure, confusion and expectations caused by ascending to secondary school.

Date: 4/8、6/8、11/8、14/8、18/8 (Tue, Thur)

Time: 10:30 AM - 12:00 PM

Venue: Fanny Li Hall

Target: aged 10-12 students

Quota: 12 persons

Fee: Free



Enquiry

Tel: 25230531



Venue

St John's Cathedral
4-8 Garden Road, Central, HK

Google map



Our Facebook

ST JOHN'S CATHEDRAL MINISTRY TEAM

Dean: The Very Revd Matthias Der

Clergy Ministry Co-ordinators:

Community Building — The Revd Franklin Lee
Christian Education — The Revd Will Newman
(*Priest-In-Charge of St Stephen's Chapel, Stanley*)

Outreach Ministry — The Revd Mark Rogers
(*Priest-In-Charge of Discovery Bay Church*)

Liturgy and Spirituality — The Revd Robert Martin
(*Priest-In-Charge of Emmanuel Church, Pokfulam*)

Filipino Ministry —
The Revd Canon Dwight dela Torre
The Revd Sharon Langbis

Chinese Ministry —
The Revd Canon Peter Koon
The Revd Amos Poon (*Mission and Ministry*)

Honorary Chaplain:

The Revd Jenny Wong Nam
The Revd Dr Philip Wickeri

Executive Administrator:

Mrs Viola Ip

Serving the wider community:

SJC Counselling Service
HELP for Domestic Workers
Mission for Migrant Workers
SJC Life Enrichment Centre
Cathedral Bookstore
CLARES/Castaways
Prison Ministry



Information about St John's Cathedral and its ministries can be found on the notice boards and on the website: www.stjohnscathedral.org.hk.

Clergy are here to listen and help. Please feel free to speak to one of them after the services, or make contact during the week: St John's Cathedral, 4-8 Garden Road, Central Tel: 2523 4157

Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: _____

First Name: _____

Name of spouse (if applicable) _____

Names and ages of children (if applicable) _____

E-mail: _____ Phone: _____

Please circle as appropriate:

I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.

I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.

Other questions / information: _____

☐ I do not agree to receive any promotional materials from St John's Cathedral.

This information is collected in accordance with the Personal Data Privacy Statement as published on the St John's Cathedral website at "www.stjohnscathedral.org.hk".